

A Career in Restorative Dentistry in the Midlands & East



Developing people
for health and
healthcare

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What is Restorative Dentistry?

The study, diagnosis and integrated management of diseases of the oral cavity, the teeth and supporting structures

Rehabilitation of teeth and oral cavity to functional, psychological and aesthetic requirements of the individual patient

Includes the co-ordination of multi-professional working

Why choose this specialty?

- Interesting and challenging
- Management of patients with complex multidisciplinary needs within the specialist arena, including cleft lip and palate, hypodontia, oncology, and orthognathic cases
- Interdisciplinary treatment planning and co-ordinating care across all levels of care settings
- Involvement in training and developing staff of the future

Future challenges

- Funding and clinical commissioning
- Developing clinical networks
- Developing and delivery of shared care pathways
- Managing patients with ever increasing complex medical and treatment needs
- Maintaining patients with complex restorations

Typical Day

A day in the life...

- Clinical work (including assessment, treatment and review clinics alongside hands-on training of junior hospital staff)
- Clinical Administration (including activity that supports service and training e.g. triaging/reports/correspondence)
- Training of junior staff and healthcare professionals
- Case discussions with colleagues
- Attending Trust management meetings
- Audit work

Personal Qualities for this career

- Excellent communication skills
- Good interpersonal skills
- Leadership
- Resilience
- Practical skills
- Life long learner
- In line with all specialities, trainees need to be reliable, self-motivated, punctual, flexible and good team players

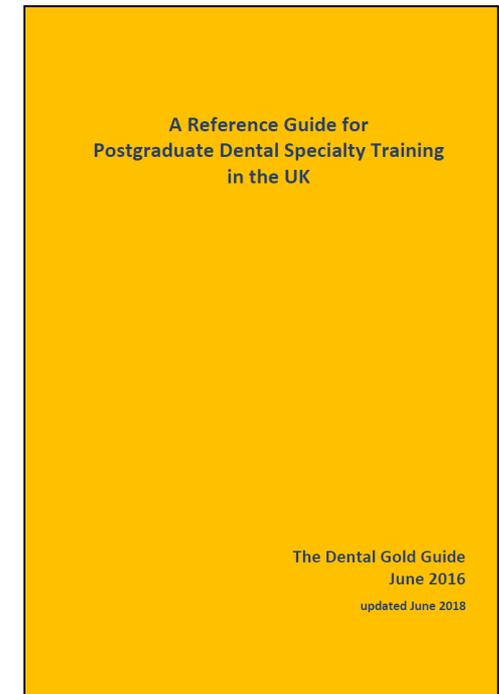
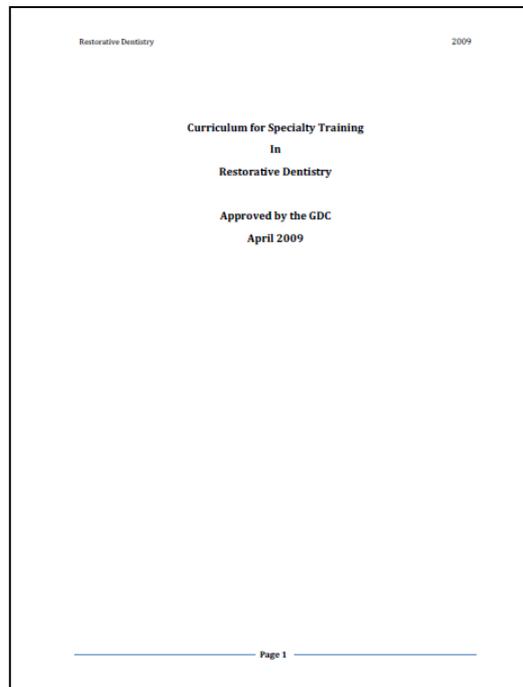
Training Pathway

- Minimum entry requirement 3 years postgraduate training
- NHS trainees
 - 5 years training
- Academic trainees
 - ACF (3 years): clinical and academic training during which apply for training fellowship leading to a PhD (or equivalent). If successful re-enter clinical training after completion of PhD. If unsuccessful complete clinical training in 5 years
 - ACL (4 years): will have already completed a PhD (or equivalent) and has a substantial amount of clinical experience. At present Dental Foundation or Dental Core Trainees are ineligible to apply.

Training pathway

Reference

- Curriculum for specialty training in Restorative Dentistry
- The Dental Gold Guide



Requirements During Training

- Work place based assessments (supervised learning events)
- E Portfolio
- Life support courses; PLS, APLS
- Audit
- Presentations
- Publications
- Safeguarding courses
- Teaching
- Managerial experience
- Annual review of competence progression (ARCP)

Recruitment

- Competitive entry through a National Recruitment process
- ST3-4 applications open in February with interviews in April/May. These are held in London.
- All shortlisted applicants are invited to interview.
- Successful candidates commence the training programme in September.

Competition Ratios

- Entry is through competitive entry
- Restorative Dentistry has a competition ratio of approximately 3:1

Why train in the M&E?

- Largest regions in the country
- Diverse area resulting in wide range of pathology.
- Mix of smaller DGHs, large teaching hospitals and tertiary units ensures broad training and excellent opportunities.



Demonstrating commitment to Specialty

Top tips:

- DCT posts in Restorative Dentistry disciplines
- Joining Restorative specialty societies and attending their conferences
- Publications relevant to specialty
- Audit relevant to specialty
- Portfolio shows attendance at courses and events that develop restorative discipline skills

Where to go for more information...

- [NHS health careers](#)
- Dental gold guide
<https://www.nwpgmd.nhs.uk>
- Restorative Dentistry specialty training curriculum
<https://www.gdc-uk.org/api/files/RestorativeDentistryCurriculum.pdf>
- NIHR Integrated Academic Training
<https://www.nihr.ac.uk>